

Speaking Task 1: Lifestyle conversation

Listening Comprehension

1. Listen to the conversation once. Check (✓) the box if the information is given.
2. Listen to the conversation once again. Complete the chart.

Questions

About Simon

a) How many hours of sleep do they usually get?

About Paul

b) What kind of exercise do they like?

c) To be healthy, what kind of food do they try to have?

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Listening Comprehension (Answer Key)

1. Listen to the conversation once. Check (✓) the box if the information is given.
2. Listen to the conversation once again. Complete the chart.

Questions

About Simon

About Paul

a) How many hours of sleep do they usually get?

8 hours (sometimes - 4 hours a night because his small children disturb his sleep)

b) What kind of exercise do they like?

swimming

running
playing badminton

c) To be healthy, what kind of food do they try to have?

miso soup
tofu
natto

vegetables
fruits
(drink - banana milk shake)